



Week 1	SUNDAY	17-May	MONDAY	18-May	TUESDAY	19-May	WEDNESDAY	20-May	THURSDAY	21-May	FRIDAY	22-May	SATURDAY	23-May
	Cream of Vegetable Soup Chef's Choice		Chicken Noodle Soup Chef's Choice		French Canadian Pea Soup Chef's Choice		Cream of Broccoli Soup Chef's Choice		Beef Barley Vegetable Soup Chef's Choice		Spicy Chicken Gumbo Soup Chef's Choice		Vegetable Soup Chef's Choice	
	Ham, Roasted, Pineapple Glaze		Chicken Wings - Assorted Flavours		Chicken Cordon Bleu		Steak Night w/Onion Rings		Roast Pork Shoulder		Chicken Cacciatore 8 Cut		Prime Rib - Au Jus & Yorkshire Pudding	
	Lemon Pepper Roast Cod		Hungry Man Porcupine Meatballs		House Made Burger Bar		KFC style Chicken		Shrimp Stuffed Sole w/ Dill Cream		Pork Schnitzel		Irish Lamb Stew	
	Classic Grilled Cheese Sandwich		Ball Park Hot Dog		Morrocan Lentil & Barley Stuffed Pep		Quinoa, Lentil & Kale Stew		Fajita Chicken, Peppers & Black Bean Wra		Assorted Pizza		Bratwurst & Sauerkraut	
	Beef Stroganoff with Egg Noodles		Mac & Cheese		Garlic Clam Fettuccini		Spaghetti w/ Meat Sauce		Penne Primavera Rose		Spinach, Tomato & Feta Quiche		Pesto Penne w Tomatoes & Mushrooms	
	Potatoes, Scalloped		O'Brien Potato		Potatoes, Mashed, Yukon		Potatoes, Russet, Baked		Potatoes,Steamed & Buttered		Potatoes, Wedge, Spicy		Potatoes, Mashed, Seasoned	
	Rice, Jasmine		Steamed Rice		Brown Rice		Rice, White		Rice, Basmati		Rice, Seven Grain		Rice, Spanish Long Grain	
	Fries & Gravy		Fries & Gravy		Fries & Gravy		Classic Poutine Fries		Fries & Gravy		Fries & Gravy		Fries & Gravy	
	Oven Roasted Vegetables Chef's Choice Vegetable		Broccoli, Fresh Chef's Choice Vegetable		Cream Corn with Niblets Chef's Choice Vegetable		Baby Carrots with Honey & Dill Chef's Choice Vegetable		Green Beans, Fresh Chef's Choice Vegetable		Squash, Roasted, Butternut 1/2" Dice Chef's Choice Vegetable		Peas & Carrots Chef's Choice Vegetable	
Week 2	SUNDAY	24-May	MONDAY	25-May	TUESDAY	26-May	WEDNESDAY	27-May	THURSDAY	28-May	FRIDAY	29-May	SATURDAY	30-May
	Creamy Tomato & Roasted Pepper Soup Chef's Choice		Bacon Potato Chowder Chef's Choice		Vegetable Florentine Soup Chef's Choice		Cream of Cauliflower Soup Chef's Choice		Chicken Noodle Soup Bacon Potato Chowder		Corn Chowder Chef's Choice		Mexican Tortilla Soup Chef's Choice	
	Pork Spare Ribs - BBQ		Chicken Wings - Assorted Flavours		Sweet & Sour Pork		West Coast Pink Salmon Welligton		Steak Night w/Onion Rings		Char Grilled Chicken Legs		Roast Baron of Beef & Yorkshires	
	Tex Mex Chicken		Lemon Herb Haddock		Beef & Broccoli		Herb Roasted 1/4 Chicken		Crispy Fried Perch		Country Meat Loaf		Blackend Basa	
	3 Cheese & Garlic Tuna Melt		Vegetable & Black Bean Quesadilla		Chicken Balls/ Honey Garlic or Plum S		Beef & Bean Soft Tacos		Southwest Garden Burger		Assorted Pizza		Pork Belly & White Bean Cassoulet	
	Gnocchi w/ Marinara		Bacon & Mushroom Linguine Alfredo		Egg Rolls Fried / Vegetable Springro		Cheese Tortellini in Blush Sauce		Spaghetti Bolognaise		Aloo Gobi		Mediterranean Vegetable Pasta	
	Delmonico Potatoes		Potatoes, Red, Roasted w/ Onions		Vegetable Chow Mein		Potatoes, Wedge, Spicy		Potatoes, Russet, Baked		Potatoes, Oven Roasted		Potatoes, Mashed, Red	
	Rice Pilaf		Risotto, Mushroom Barley		Fried Rice		Rice, Seven Grain		Rice, Wild Blend		Rice, Basmati		Rice, Brown	
	Fries & Gravy		Fries & Gravy		Fries & Gravy		Yam Fries & Gravy		Classic Poutine Fries		Fries & Gravy		Fries & Gravy	
	Yellow Wax Beans,Chef's Choice Chef's Choice Vegetable		Cauliflower, Fresh, Roasted Chef's Choice Vegetable		Baby Bok Choy Chef's Choice Vegetable		Squash, Broccoli & Mushroom Sauté Chef's Choice Vegetable		Squash, Baked, Spaghetti Chef's Choice Vegetable		Beets, Roasted w/ Olive Oil & Basil Chef's Choice Vegetable		Carrots, Glazed Chef's Choice Vegetable	
Week 3	SUNDAY	31-May	MONDAY	1-Jun	TUESDAY	2-Jun	WEDNESDAY	3-Jun	THURSDAY	4-Jun	FRIDAY	5-Jun	SATURDAY	6-Jun
	Mulligatawny Soup Chef's Choice		Chicken & White Rice Soup Chef's Choice		Beef Barley Soup Chef's Choice		Old Fashioned Cream of Tomato Chef's Choice		Turkey Vegetable Barley Chef's Choice		Clam Chowder Chef's Choice		Italian Wedding Soup Chef's Choice	
	Pork Chops, Grilled		Chicken Wings - Assorted Flavours		Turkey, Roasted, w/ Stuffing & Gravy		Prime Rib - Au Jus & Yorkshire Pudding		Homestyle Battered Fried Cod		Baked BBQ Chicken 8 cut		Steak Night	
	Tilapia, Baked, Panko Breaded		Open Face Hot Beef in Onion Gravy		Pan Fried Pickere!		Chicken Breast Parmesan		Beef Pot Pie		Liver & Onions		Chicken Tenders	
	Shepherds Pie		Afghan Eggplant & Tomato Casserole		Beef Chili		Tri-Colour Bean Ragout		Mango Veggie Stir-fry w Toasted Coconut		Assorted Pizza		Cumin & Roast Tomato Dahl	
	Perogies,Garlic Butter w/ Onions & Ched		Pepperoni & Bowties Rose' Sauce		Garlic, Spring Pea Pesto & Linguini		Sausage & Mushroom Macaroni		Penne Bosciaola		Vegetable Lasagna w/ Béchamel Sauc		Pulled Pork Ragu & Fettucine	
	Potatoes, Sweet, Baked		Potatoes, Parsley		Buttery Mashed Potatoes		Potatoes, Oven Roasted		Potatoes, Wedge, Spicy		Sour Cream & Chive Mashed		Roasted Baby Potatoes	
	Rice, Jasmine		Rice, Brown		Rice, White		Rice, Seven Grain		Rice, Coconut Jasmine		Rice, White		Rice, Wild Blend	
	Fries & Gravy		Curly Fries & Gravy		Chili Fries & Gravy		Fries & Gravy		Fries & Gravy		Fries & Gravy		Classic Poutine Fries	
	Grilled Vegetables Chef's Choice Vegetable		Peas & Carrots Chef's Choice Vegetable		Brussels Sprouts, Fresh Chef's Choice Vegetable		Mashed Carrot & Turnip Chef's Choice Vegetable		Salt & Pepper Roast Kale Chef's Choice Vegetable		Zucchini, & Tomato Sauté Chef's Choice Vegetable		Corn on the Cob, Grilled Chef's Choice Vegetable	

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